

Preface

With the 25th anniversary edition of *First Aid for the USMLE Step 1*, we continue our commitment to providing students with the most useful and up-to-date preparation guide for the USMLE Step 1. This edition represents an outstanding revision in many ways, including:

- Dozens of entirely new facts and hundreds of major fact updates culled from more than 20,000 comments and suggestions.
- Extensive text revisions, new mnemonics, clarifications, and corrections curated by a team of 25 student authors who excelled on their Step 1 examinations and verified by a team of expert faculty and nationally recognized USMLE instructors.
- Updated with more than 250 new full-color images to help visualize various disorders, descriptive findings, and basic science concepts. Labeled and captioned photographs have been selected to aid retention by engaging visual memory in a manner complementary to mnemonics.
- Updated with dozens of new and revised diagrams. We continue to expand our collaboration with USMLE-Rx (MedIQ Learning, LLC) to develop and enhance illustrations with improved information design to help students integrate pathophysiology, therapeutics, and diseases into memorable frameworks for annotation and personalization.
- A revised exam preparation guide with updated data from the NBME and NRMP. The guide also features new high-yield techniques for efficient and effective test preparation.
- An updated summary guide to student-recommended USMLE Step 1 review resources, including mobile apps for iOS and Android. The full resource guide with detailed descriptions can be found at our blog, **www.firstaidteam.com**.
- Real-time Step 1 updates and corrections can also be found exclusively on our blog.

We invite students and faculty to share their thoughts and ideas to help us continually improve *First Aid for the USMLE Step 1* through our blog and collaborative editorial platform. (See How to Contribute, p. xix.)

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